

## Calendar for PE Strands

### Focus Strand for 2025-2026: Outdoor & Adventure

#### Fundamental Movement Skills: Year 2

<u>September</u>	<u>October</u>	<u>November</u>	<u>December</u>
Games	Games	Aquatics – (3 <sup>rd</sup> – 6 <sup>th</sup> Class)  Athletics	Aquatics – (3 <sup>rd</sup> – 6 <sup>th</sup> Class)  Athletics
FMS Year 1: Catching	FMS Year 1: Striking with Hand	FMS Year 1: Running	FMS Year 1: Skipping
FMS Year 2: Kicking	FMS Year 2: Striking with Implement	FMS Year 2: Dodging	FMS Year 2: Balancing
<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>
Gymnastics  Aquatics (1 <sup>st</sup> & 2 <sup>nd</sup> Class)	Gymnastics  Aquatics (1 <sup>st</sup> & 2 <sup>nd</sup> Class)	Athletics	Outdoor & Adventure
FMS Year 1: Balancing	FMS Year 1: Landing	FMS Year 1: Side Stepping	FMS Year 1: Jumping for height
FMS Year 2: Jumping for distance	FMS Year 2: Hopping	FMS Year 2: Throwing	FMS Year 2: Walking
<u>May</u>	<u>June</u>	<u>Events</u>	
Dance (External Coach: Keith)	Outdoor & Adventure	Sports Day Sponsored School Walk in Malahide Gardens Active Week in June Active Halloween Christmas Santa Dash FAI Five- A- Side Soccer tournament Active School Flag challenges i.e. Skip Around the World & Active Everyday	Santry & Fingal Athletics Joe Crowe Cup Active School Tours Skipping workshops Active Walkway Day Fingal League
FMS Year 1:	FMS Year 1:		
FMS Year 2:	FMS Year 2:		

